









## **Knitted Hearts**

Cirencester and Fairford Community Hospitals
Gloucestershire Health and Care NHS Foundation Trust

### SUMMARY:

Pairs of small soft hearts, easy to hold in the hand were shared between patients and families

### PURPOSE:

To create a feeling of connection between patients and families

For more information visit: www.communityhospitals.org.uk

## PATIENT BENEFITS:

A comforting touch to ameliorate the distress of families being separated at a time of crisis

# STAFF BENEFITS:

Reduced distress for patients and families

### SYSTEM BENEFITS:

Maintaining communication between families and patients which was vital when face to face visits were not possible

## **KEY MESSAGE:**

Families and patients feeling connected was important as was the "comforting touch" of the physical knitted heart

